



LIVINGWELL TAEKWONDO ACADEMY



KUP GRADING FORM

THE GRADING FEE INCLUDES THE ISSUE OF A BOARD CERTIFICATE

1. To be completed by the candidate in **BLOCK CAPITALS**

Surname:		Instructors Name:	
Forenames:		Present Grade:	
Address:			
	Grade taking:		
	MAGB Licence Number:		
Postcode:			
Date of Birth:	Fees Paid:		
Age:			
I AGREE TO ABIDE BY THE GRADING RESULTS			
Signature:			

2. To be completed by the Examiner

(A) STANCES	Forward	Back	Horseriding	Walking		
(B) BLOCKS	Low	Middle	High	Other		
(C) HAND TECHNIQUES	Punch	Spearhand	Knifehand	X-Block		
	Elbow	Backfist	R.Punch	Other		
(D) KICKS	Front	Side	Turning	Back		
	Hook	Crescent	Axe	Pushing		
	R.Turning	Jumping	Other	Other		
(E) SPARRING	Self Defence	1-Step	1 for 1	Free		
(F) PATTERNS	Sequence	Taeguek 1	Taeguek 2	Taeguek 3		
	Taeguek 4	Taeguek 5	Taeguek 6	Taeguek 7		
	Taeguek 8					
(G) DESTRUCTION	Front Kick	Side Kick	Turning Kick	Back Kick		
	R.Turning	Axe Kick	Jumping Kick	Other		
	Punch	Knifehand	R.Knifehand	Backfist		

<i>Continue overleaf if required</i>		Overall Mark:	
		<input type="checkbox"/> PASS	<input type="checkbox"/> FAIL
		Grade Awarded:	Kup

Examiners Name:		Dan Grade:	
Date:		Signature:	